



School Information: MENU SUBJECT TO CHANGE



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Chicken Alfredo, Green Beans, Pears, Bread & Butter & Milk **1**

Chicken Patty, Tri Tater, Peaches, Peas & Milk **8**

Corndog, Mac & Cheese, Carrots, Pears & Milk **15**

Chicken Nuggets, Rice, Peas, Pears & Milk **22**

NO SCHOOL **29**

Tuesday

Nacho Supreme, Lettuce, Mixed Fruit & Milk **2**

Baked Potato Bar with Ham & Cheese Sauce, Broccoli, Muffin, Mixed Fruit & Milk **9**

Sausage, Gravy, & Biscuit, Tri Tater, Dragon Punch, Mixed Fruit & Milk **16**

Au Gratin Potatoes & Ham, Green Beans, Bread & Butter, Applesauce & Milk **23**

NO SCHOOL **30**

Wednesday

Hamburger, French Fries, Lettuce, Peaches & Milk **3**

Turkey Wrap, Sun Chips, Lettuce, Applesauce & Milk **10**

Taco Crunch, Lettuce, Pineapple, & Milk **17**

Turkey & Cheese Sandwich, Sun Chips, Baby Carrots, Fruit, Cookie & Milk **24**

NO SCHOOL **31**

Thursday

Poppin' Chicken Bowl, Loaded Mashed Potatoes, Corn, Roll, Pineapple & Milk **4**

Spaghetti with Meat Sauce, Green Beans, Garlic Bread, Pears & Milk **11**

Maidrites, French Fries, Corn, Applesauce & Milk **18**

Pizza, Mandarin Oranges, Corn & Milk **25**

Friday

Pizza, Carrots Sticks, Mandarin Oranges, Cookie & Milk **5**

Pizza Crunchers, Peas, Mandarin Oranges, & Milk **12**

Bosco Breadsticks with Marinara, Corn, Mandarin Oranges & Milk **19**

Hamburger with Cheese, French Fries, Baked Beans, Fruit & Milk **26**

